

Marys River Messenger

The Marys River Grange Newsletter



Vol. 6, Issue 4

March/April 2024

Spring Renewal & Growth



Marys River Grange Happenings

Moonlight Country Mixers, 1st Friday & following Mondays – 7-10 pm, \$5 adults/\$4 under 18; host/instructors DJ Luke Coomber & Jamie Lee

Bluegrass Jam/Workshop, 2nd Weds. – \$7 adult/\$5 youth

BINGO, 2nd Friday of the month, 6-8:30 pm, \$10 for 10 games (3 cards each), \$1 blackout tickets

Yoga at the Grange – Tuesdays, 6-7 pm. \$10 (\$5 for Grange members)

Wood Carving Circle – 3rd Weds, 5:30-8:30 pm.

Marys River Grange #685 regularly meets on the first Wednesday of each month at 7 PM at 24707 Grange Hall Road in Philomath and via Zoom. Potluck at 6:30.

Contact marysrivergrange@gmail.com or 541-829-2907. See also: marysrivergrange.org
facebook.com/Marys-River-Grange-Hall-288171007887164/
To rent the Grange Hall, see Rental at marysrivergrange.org



Mike Terry was officially installed as the new President for Marys River Grange #685 in January by Oregon State Grange President Jay Sexton assisted by First Lady Toni Hoyman.

- photo by Barbara Carter

Our annual **Plant Sale and Seed Swap** will be held on **April 27th from 10:00 to 2:00** with proceeds going to Philomath Community Services and Marys River Grange. Back by popular demand, the plant sale will also feature baby goats and a tool sharpening service. We encourage donations of plants, tools, and anything gardening related. For questions about the event and to coordinate donations, please email marysrivergrange@gmail.com.

I will be at the event, sharpening knives and most special gardening tools. All kinds of gardening tools can be brought in and be refurbished and made usable. - Mark Files, 541-360-8759

Yoga at the Grange Spring 2024

Tuesdays 6pm - 7pm

Winter Session through March 26th, 2024

Spring Session April 16 - June 4, 2024

Classes are \$5 for Grange members,
\$10 for non-Grange members.

Questions? Please contact
Laura Coen: 331-201-5458



Please renew your Grange membership at the new rate: \$55 per adult or \$110 for a family (a single adult with children is \$55 plus \$2 per child). Note that in the Grange, anyone over 14 is considered an adult.

Make checks to "Marys River Grange" and send to PO Box 1301, Philomath OR 97370. All memberships renew January 1.

News & Needs

from Philomath Community Services

Congratulations!!

Sandy Heath was honored this February as PCS's Volunteer of the Year with a Samaritan Award at the Philomath Chamber's annual volunteer recognition event. Sandy has served as the manager of Lupe's Community Garden for many years. We are pleased that she has recently joined our Board of Directors.

June's Kid Klost Needs:

For Boys

Socks – Sizes 3-9 & 9-2.5

Boxers – Sizes 4, 6 & 8

Pajamas – Sizes 5, 7, 10 & 12

Teen Boxers – Sizes S, M, & XLG

For Girls

Briefs – Sizes 4, 6, 8 & 10

Pajamas – Sizes 5, 6, 7, 8 & 10

Diapers – 3, 4 & 5

These are the most urgent needs currently. We welcome all donations of good quality used and new kids clothes, but there is always a high demand for socks, underwear & pajamas. For more information or to drop-off a donation contact Sharon Thornberry, PCS Executive Director at 541-609-8903 or director@philomathcommunityservices.org

Restorative Yoga at Marys River Grange



Sunday, March 24, 2024

6:00 - 7:30pm

Restorative Yoga is the art of rest.

Poses are fully supported by blankets and other props and are held for minutes at a time to encourage total relaxation. Appropriate for all levels of yoga experience.

Classes are limited to six students, \$25 per class, pre-registration required.

To register please contact Laura Coen:
331-201-5458 or lauraploeg@yahoo.com

Philomath Heritage Tree Program Nomination forms will be accepted until 5 p.m. on Tuesday, March 19 in order for annual approvals to coincide with the City's Arbor Day recognition(s). For more information about how to submit a nomination form, visit the City's Heritage Tree Program page at www.ci.philomath.or.us/heritagetree.

Read more local news at philomathnews.com



SPOON JAM!



Spoon and other green-wood carving circle

What: Carving, skill sharing, community building

Who: Beginner to Advanced carvers (Ages 16+)

What to bring: Your own tools and wood

When: 3rd Wednesday every month, 5:30—8:30 PM

Donations welcomed for use of space

RSVP Required
Contact: Kiko Denzer,
kiko@handprintpress.com,
or text 541-740-7243

Marys River Grange
24707 Grange Hall Road
Philomath, Oregon
97370

Marys River Junior Grange Hall Remodel 2024

In May we will begin what we hope is the final stage of the Junior Hall clean up. It's been a long road, starting with removing the carpet and painting the floor through re-roofing, fixing the connecting room, replacing the old wood stove with a pellet stove, adding gutters and a water storage tank, and on through fixing the foundation last year.

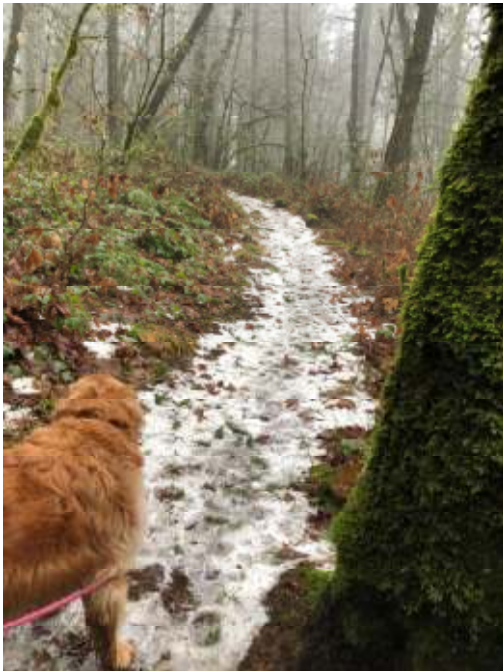
In this last stage we will add some windows on the west wall, replace the siding, insulate and renovate the interior, adding better storage and lighting. We intend for the new room to serve the Juniors, Grange, and rentals alike.

This will be a big project. We've acquired a grant, and have some money saved up, yet can always use financial assistance. If you are unable to help financially, yet wish to contribute labor, we'd love that even more! Many hands make light work and we have a lot of tasks that could benefit from extra people.

Please contact marysrivergrange@gmail.com if you would like to help with the work or have materials you wish to donate which we may be able to use. Financial donations may be sent to Marys River Grange, Attn: Building Project, PO Box 1301, Philomath OR 97370.

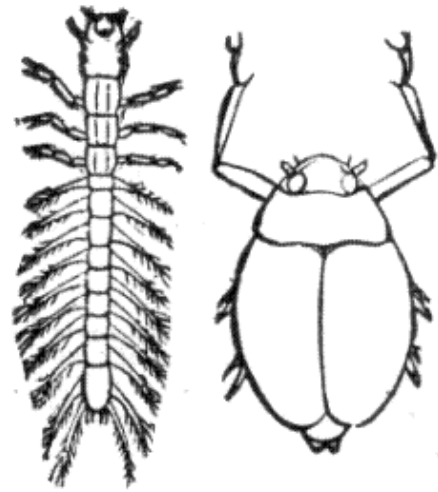
- Sonny Hays-Eberts, MRG Building Committee

Women of the Grange



Granger dog Kona led Women of the Grange on a short hike at Peavy Arboretum when ice was thawing in January, where they learned more about McDonald Forest and Mary McDonald, who donated both land and rare books to Oregon Agricultural College. [See the McDonald Rare Book and Manuscript Collection.]

Our aim is to enhance all of our membership experiences and grow our community. You are invited to join us. The WoftheG meet on the third Sunday of each month, 1-3pm, and everyone's welcome. For more information, please call/text Suzy 541-908-0283.



APRIL 3RD, Youth Activity during MRG Meeting, 7pm: **ANIMAL SKINS AND SKULLS EXPLORATION**

Have fun learning about animal adaptations as you handle animal skins and skulls such as bear, cougar, skunk, bobcat and lots more!

MAY 18TH, FAMILY EVENT: **AQUATIC INSECT SAMPLING AND IDENTIFICATION**

Play the role of a scientist as you collect and identify aquatic insects to discover the health of our aquatic rivers! This event is FREE.

- * A local scientist will lead our group in introduction to stream health and aquatic insect sampling techniques.

- * We will collect stream samples using large "D" nets and small hand nets.

- * You will learn how to identify organisms found by using dichotomous keys, books and magnifying scopes and discuss how these organisms relate to stream health.

DATE: SATURDAY MAY 18TH

TIME: 10:30 AM

LOCATION: Marys River Park parking lot: 300 S 11th St. Philomath

WHAT IS PROVIDED: Nets, tubs, identification materials, magnifiers, books

WHAT TO BRING: Rubber boots or shoes that you can wade into the river, weather appropriate clothing.

QUESTIONS: CONTACT Stacy Moore 541-908-1093.

No need to sign up - just come have fun and join us!



Bingo at Marys River Grange in February.

Stubbed My Toe

by Marion Whitney, 2024

I stubbed my toe
on the bed post
this morning.

I reached for the nearest chair,
plopped down and held my
toe close to the others,

as if for comfort and healing,
but mostly to relieve
me of my pain.

Two kitties looked at me bewildered,
a loud **Owiee** was not
in their vocabulary.

During the day every step reminded
me of my unfortunate
step this morning.

That is the way it goes,
one misstep and your life is ruined.
Or is it really?

Maybe it was meant to be,
wait, let time pass, hold tight
to those you love.

It is possible they, too,
have stubbed their baby toe
on the bed post this morning.

Lecturer's Corner

There are five fun and exciting National Grange Contests for 2024! We are sure each and every one of you will want to learn or share something about one or more of the following topics: Keeping track of the weather and the arrival of nature's bounty; constructing a quilt square for a national quilt; designing and caring for a garden, large or small; seeing our surroundings through the lens of a camera while experiencing new places; or challenging yourself by designing a program for implementation you'd only thought of or would like to see. Most contests include adults, juniors, groups, and members-to-be. This is the season and time to contribute, a time to make a difference, or just plain have a good time. It is the perfect time of year to stretch and expand our comfort zones and make a positive difference in our community. Get in the HABIT of expecting more from ourselves! More detailed information and rules can be found on the National Grange Lecturers Contests on the National Grange website at <https://www.nationalgrange.org/lecturer-contests/>. The deadline for entries is September 1, 2024. Please feel free to contact Jackie or Ron @ (541) 602-8211 and leave a message.

National Grange Quilt Block Contest

The Quilt Block Contest provides an opportunity for Grange members and friends to collaborate in creating quilted items that can be donated or auctioned for funds to provide additional services to community members in a nationwide effort. The National Grange Quilt Block Contest is open to everyone – Grange members and members-to-be.

National Grange Garden Design Contest

The National Grange Garden Design Contest is open to everyone as individuals or groups. The categories are Container Garden, Raised Bed Garden, and Ground Space. This contest is designed to share gardening experiences, large or small, that connect us to the larger picture of agriculture, growing and nurturing plants for a variety of purposes.

National Grange Photo Contest

The intent of the photo contest is to encourage members and friends of the Grange to submit photos that can be used in National Grange publications and virtual media. Submitted photos will become the property of the National Grange and may be used in National Grange publications, marketing, merchandise, and virtual media. There are four categories: Abandon Buildings, Clouds, Monuments, and State, Counties, and Community Fairs.

National Grange Weather Challenge

Changing climate and the challenge it presents to farmers and gardeners alike is a concern for all of us. This challenge is to help educate and inform us as we closely follow the day-to-day changes in weather and phenology (arrival of birds, moon phases, budding and flowering of plants and trees) in our local areas. Use of the various Weather Watcher Partnership sites will be of help to complete this challenge.

National Grange Lecturer's Design-a-Program Contest

Grange Lecturers are frequently designing and creating programs for their home Granges and communities. We encourage Grange members to share these programs and the steps they take so that other Granges could potentially replicate the programming without "reinventing the wheel." The National Grange Lecturer's Design-a-Program Contest is open to any Grange member – not just Lecturers. Any program, event, fundraiser, educational event, speaker, or game are acceptable. Think outside of the box.

- MRG Co-Lecturers Jackie Weiner & Ron Paddock

Check out the **National Grange** website and sign up for updates at www.nationalgrange.org

Home Economics Activities for the Community, as recommended by the Oregon State Grange in 1954:

1. Sponsor Spring and Fall flower shows; perennial and bulb exchange.
2. Home beautification program or contests.
3. Exhibit at county or community fair and encourage hobby shows.
4. Sponsor well supervised community recreation for young people.
5. Encourage and give assistance to character building groups, such as 4-H clubs, Boy Scouts, Campfire Girls, etc.
6. Help eliminate safety and fire hazards in the community.
7. Give assistance to community church and school and sponsor reception for teachers.
8. Remember new babies with small gifts.
9. Mothers' Day and Fathers' Day celebration honoring older mothers and fathers of the Grange and community.
10. Give community Christmas party, farewell parties, etc.
11. Sponsor community health program...
12. Help local "burned out" families and assist the needy.
13. Help in upkeep of cemeteries and parks in the community.

Benton County is seeking applications for an opening on their Environmental and Natural Resources Advisory Committee. The Environment and Natural Resources Advisory Committee (ENRAC) researches topics and provides input to the Board of Commissioners and County Departments in areas related to Benton County's 2040 Vision Statement on Environment & Natural Resources: "Benton County commits to protect, conserve and enhance our treasured, limited natural resources and prepare for future environmental challenges." Additionally, ENRAC collaborates with other committees and programs that relate to environmental protection, climate change, outdoor recreation, wildland-urban interface, and similar topic areas.

To submit your application, visit <https://bec.bentoncountyor.gov/boards-committees/>. Questions regarding the role may be directed to Teresa Larson at 541-766-6890 or teresa.larson@bentoncountyor.gov.

Coffee with City Councilors: Casual conversation 3rd Sat. of the month, 9-10:30am, Timber Towne Coffee, Philomath.

Philomath Community Meal, Every Tuesday Evening — free to anyone needing a meal and conversation. It starts at 6pm in the Social Hall and usually includes live music. College United Methodist Church, 1123 Main St. (Tax deductible donations accepted.)

Philomath Spring Recycling Day: Sat. April 20th, 9-2. Public Works Compound, enter from south 16th St.

Willamette Grange #52 Events:

BINGO Night is the third Friday, **March 15th and April 19th**, 6:30 to 8:30-ish. Family Friendly. Kids can play if accompanied by a parent. Snacks available.

Agrarian Sharing Network Propagation Fair is back on **March 23rd**, 11 to 3pm. At this FREE event, learn grafting with help from experts, seed exchange, plant starts, and more. Bring labeled starts, seeds, and scion cuttings and join/share with others. Activities for kids too. You can help with event by contacting corvallis@agrariansdharing.net

Bunny Hop Dance on **March 30th**, 7 to 9:30. Bring your dancing shoes and the whole family to swing into April. Tickets are \$10 at the door. Kids 15 and under are free! Snacks will be available. The band is **The Rhythm Roundup** western swing band.

Earth Day Recycle Sale Day (rummage sale fundraiser) **Monday, April 22nd** from 9 to 4pm. Willamette Grangers donate items and we invite our rural neighbors to bring and sell items, too. The Hall will be full and the over-flow will be outside. It is a very popular, great way to celebrate Earth Day! Donate items for resale, or buy items used to re-use or repurpose ...let's keep stuff out of the landfill. We hope to see you at the Grange....any Grange!

Willamette Grange #52 meets on the second Sunday of the month, potluck 5:30 PM, 27555 Greenberry Road.

Marys River Grange shall consider adopting updated By-laws on the business meeting of May 1, 2024. This notice, published more than 30 days in advance, satisfies requirements regarding changes to By-laws.

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Windy Hill Farm

will have goats for sale!
Nigerian Dwarf doelings and wethers
will be ready for new homes
the first week of June.
All kids will be disbudded, neutered and
vaccinated. Watch our website for a
gallery of this year's cuties.

For more information
contact Laura Coen at
331-201-5458

www.windyhill-familyfarm.com

If you or someone you know who works in agriculture, forestry or the fishing industry is struggling, call or text **833-897-2474** for help. The Agristress Helpline is free, operates 24 hours a day, seven days a week, and has trained counselors with experience in those industries who can take phone calls in 160 languages, with English, Spanish and Vietnamese professionals available to respond by text.



Clara Humason Waldo

Oregon State Grange Member

Waldo Hall (located behind Goss Stadium) on OSU campus is named after Clara Humason Waldo.

When Waldo Hall was built in 1907, she was a 49-year-old widow, the first woman in America to be named to the Board of Regents of a state institution and the first woman to address the graduating class at Oregon College of Agriculture, now Oregon State University. She was born in The Dalles, was Valedictorian of St. Helens High School in Portland, studied and worked at the University of California at Berkeley.

After her marriage to Oregon Supreme Court Justice John Waldo in 1877, she began her life's work on betterment of rural farm women's home life. Nearly 50% of Oregonians lived and worked on farms at that time. She championed traveling libraries, agricultural education and the Oregon Farmer's Institute, a movement across America from 1880-1920, providing traveling lectures on practical farming skills to farmers who didn't have the time or interest in learning those skills from books.

Clara was a member of the Oregon State Grange, serving first as Overseer (Vice President) and then as State Lecturer for 4 years, writing and speaking out for better homes, schools, roads and laws. She often took these talks out to the local Farmers Institutes, where she drew the attention of officials at Oregon Agricultural College. This led to her recognition as representative of Oregon agricultural interests at the 1905 Lewis & Clark Exposition in Portland. That year she was appointed by the Governor to the Educational Board of Regents of Oregon State, the first woman in America to serve as a state regent.

When John B. Waldo passed away in 1907, Clara Waldo was honored by the naming of the women's dormitory and classrooms for 170 students and unmarried female faculty members on the Oregon Agricultural College campus. In 1908 she went to France to study problems of sociology at the school of Agriculture and Home Economics. She became President of the Oregon Congress of Mothers and Parent-Teacher Association in 1916. She continued to serve on the Oregon Board of Regents until she moved to Ojai, California in 1919 to be with family members and died there in 1933 at the age of 74.

- Camille Hall

Health Care for Farm Workers

Farm Clinic is expanding services to uninsured & underinsured agricultural workers in Benton, Linn, & Lincoln Counties. Any small-scale & family-run farms (vineyards, tree farms, dairy, ranching, etc.)

Contact: Lisa Quick, Community Outreach & Farm Clinic,
541-758-3000



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gregmickenham@gmail.com

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**A GIFT TO BE
REMEMBERED BY**

Blue Zones

The health span of a human being is much different than the lifespan. The Blue Zone project by National Geographic has shown that certain behaviors create a long lifespan of health and the potential for happiness.

In many places, the Blue Zones are collapsing if they are based upon geography and modern culture moves in next to them. In other places, Blue Zones are based upon the intention of the people, and when the intention of the people is positive and healthy through their personal intention.

The benefits of a Blue Zone can be yours. The five basic pillars of a Blue Zone lifestyle are a healthy diet, intentional exercise, proper sleep, community, and finally an attitude of gratitude.

We have the power to reap the benefits of Blue Zones. We can create a long and vibrant health span right to the end of our lifespan. With a little help from our friends.

Sincerely, Mark Files

[See also Lilly Anderson's column in the Feb/March *Oregon State Grange Bulletin* for Deaf Awareness and Family Health: "A Look at Blue Zones: What they are and how they work to help us live longer." Her source: *The Blue Zones: 9 Lessons for living longer from the people who have lived the longest* by Dan Buettner, National Geographic Partners, c2008.]



Marys River Grange member Peter Moore spent our winter season working in the subantarctic...

Grange members have incredible life experience and skills to share. Bring yours to the table and learn about others!



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541-286-4661
stpcyrano@gmail.com

Susan Stogsdill, Owner

Marys River Grange Announces



Game Night
Friday Apr 12
6:00 PM - 8:30 PM*



24707 Grange Hall Rd. Philomath

You're Invited!

A family friendly, fun fundraising
event for Marys River Grange

10 games: 5 regular, 5 special pattern
Plus: 1 blackout with Block of Nine prize

Drinks
and
snacks
for sale



Ticket prices are
\$10 for 10 3-on games (3 cards for 10 games)
\$20 for 10 6-on games (6 cards for 10 games)
\$1 per blackout ticket

50/50 split on prizes/fundraising

* End time is estimated, and may vary depending on length of individual games

"...Since its founding, the Grange has recognized the importance and influence of Grange women and the work they do. From your labor, rural life blossoms and prospers. Your efforts will be appreciated by all who come after you."

- Elmer McClure, Master, Oregon State Grange,
January, 1954

Send items for the *Messenger* to Judy Hays-Eberts at
marysrivergrange@gmail.com or mail to Marys River
Grange, PO Box 1301, Philomath, OR 97370. No fee for
business card-sized advertisements from members of MRG.

Deadline for May/June Messenger: April 22nd

Marys River Grange #685
 PO Box 1301
 Philomath, OR 97370
 marysrivergrange@gmail.com
 541-829-2907



 Jamie Lee Dancing & Coomer Dance & DJ Presents 

Moonlight Country Mixer

7 PM - 10:30
 Marys River Grange
 24707 Grange Hall Rd.
 Philomath, OR 97370
 Under 18: \$4 | 18+ \$5

Limited Parking! Park at Grange only please *All Concession sales benefit the Grange hall*

Themed Dance "Celtic Cowboy"		03.01 Friday
Shake It Beginner Line Lesson		03.04 Monday
California Intermediate Line Lesson		03.11 Monday
Memory lane Intermediate Line Lesson		03.18 Monday
LIT Beginner Line Lesson		03.25 Monday

More on Facebook.com

Benefit Plant Sale and Seed Swap



Proceeds benefit Philomath Community Services and Marys River Grange Hall



Sat April 27 10A-2P

Marys River Grange

24707 Grange Hall Road

Tool Sharpening with advice on care and DIY



House Plants
 Vegetables
 Equipment
 Flowers
 Seeds

Baby Goats!
 Courtesy of Windy Hill Farm