Marys River Messenger

The Marys River Grange Newsletter



Vol. 6, Issue 1

September/October 2023

Fallin' for You





Tis time to Celebrate and Gather for the growing time has passed.

Bring forth your bounty to share amongst your family and friends.

A scene full of colors and brisk air. Scents of changing foliage.

Welcome Autumn.

- Susan Stogsdill

The GreenGable Pumpkin Patch at 24689 Grange Hall Road in Philomath will have a Corn Maze with a Scavenger Hunt and a fun Cinderella's Carriage for pictures, also farm flowers, wreaths and other decorations, and many varieties of pumpkins, gourds and squashes.

U-pick patch and already picked pumpkins.

OPEN September 22 to October 31

Hours: Fri-Sun 9-6, Tue-Thu 10-5

www.greengable.com





\$10 for 10 3-on games (3 cards for 10 games) \$20 for 10 6-on games (6 cards for 10 games) \$1 per blackout ticket

Ticket prices are

and

snacks

for sale

50/50 split on prizes/fundraising

* End time is estimated, and may vary depending on length of individual games

Philomath Farmers' Market Sundays, 11-3, Philomath Community Library

Bring your gardening tools and knives to the Philomath Farmers Market or Marys River Grange's Harvest Fest (Oct. 14th, 10-4) for high-quality sharpening.

Send items for the Messenger to Judy Hays-Eberts at marysrivergrange@gmail.com or mail to Marys River Grange, PO Box 1301, Philomath, OR 97370. No fee for business card-sized advertisements from members of MRG.

Deadline for Nov/Dec Messenger: October 27th



Harvest Fest Coming, October 14th. Come enjoy the festivities.

1891 Apple Butter

I gal. apple cider 3 lb. apples

Boil cider until volume is reduced by half. Peel and core apples; add to cider. Cook slowly, stirring frequently, for 8 to 10 hours or until mixture will adhere to an inverted plate. Pack into hot sterilized jars; seal. Process pints and quarts in simmering water bath for 10 minutes.

In 1891 apple butter was stored in stone jars covered with writing paper cut to fit the jars and thick brown paper tied securely over tops.

- Florence D. Andrews Melrose Grange, No. 434 Roseburg, Oregon National Grange Bicentennial Cookbook



"How well do you know Philomath?" challenge.
What is this spot and where is it located?

[The answer is on another page.]



While Sonny and Kurt split wood, Jim and Marilyn moved and stacked it, during the MRG work party on Sept. 1st.

Did you receive and return your member survey?

By now everyone should have received the latest survey. Less than a dozen have been returned, so I hope that as the lethargic dog days of summer are fading, more members will complete and return them. I anticipated that many would probably not; however, the returns to date are below what I expected.

We have a unique opportunity as we work on the halls and grounds to implement changes that correspond with exactly how we want to function as a Grange. Until now we have created a schedule of events in an ad-hoc basis, adding them as needed or desired. Now is an opportunity to evaluate what we do, how we do it, and if we want to do something different.

Do we still want to do the same things? Do we want to do something different? More? Less? What types of things (values) should we focus on? How can we promote our causes and values, and still maintain our hall and grounds?

The additional information sent with the survey was not intended as a call for money or member time, although contributions in those areas are always welcome and very much appreciated.

It was intended to illustrate how the Grange has limited resources (effort, physical space, and money) and certain requirements (keeping the lights on, maintaining the hall and doing good works) so members can better understand what is necessary to host an event or for rentals. This in turn, I hope, leads to a more tangible understanding of how to balance the needs of keeping the Grange functional and promoting our values. We want to know what you think about the Grange, what it does, and how it should move forward.

It is shaping up to be a busy time at the Grange. Recently the *Philomath News* posted a wonderful article about how Marys River is becoming a gathering place for our community. It's a reminder of just how central our Grange has been to this rural area over the decades and it's nice to see a return to that tradition.

I believe Laura will be taking the Fall off from Yoga to concentrate on her new teaching position (Congratulations!), yet we'll still be having a concert, Bluegrass lessons and Jams, Country Line Dances, Talk Like a Pirate Day and Harvest Fest, all coming up the next two months. See flyers thoughout the issue for details, and I hope to see you there!

- Sonny Hays-Eberts, President, Marys River Grange #685

Amazing Grange Day 2023



August's Amazing Grange Day was a great event. The rummage sale made over \$1,500; the pie auction netted another \$350, with many compliments; and we gained two new members. Remaining items were donated to local groups or given away for free, and while we didn't meet our goal of putting nothing in the landfill, we came extremely close. Thank you to everyone who baked, donated, set up, worked or cleaned up. Together, we're amazing.

Marys River Grange #685 regularly meets on the first Wednesday of each month at 7 PM at 24707 Grange Hall Road in Philomath and via Zoom. Potluck at 6:30. Contact marysrivergrange@gmail.com or

541-829-2907. See also: marysrivergrange.org facebook.com/Marys-River-Grange-Hall-288171007887164/ To rent the Grange Hall, see Rental at marysrivergrange.org

Windy Hill Farm Volunteer Opportunities

Harvest season is upon us and Windy Hill Farm has volunteer opportunities. Go to the link below to sign up or contact Laura Coen for more information. lauraploeg@yahoo.com 331-201-5458

https://www.signupgenius.com/go/508094CAAA72BA02-windy



25159 Grange Hall Rd, Philomath, OR 97370 Farmstand 541-929-4270 | Office 541-929-4273 www.gatheringtogetherfarm.com



www.sunbowproduce.com



JESSIE & DAVID BLUME FARMERS/OWNERS

> BEEF PORK TURKEY

TOTUMFARH@GMAIL.COM WWW.TOTUMFARM.COM

Community Meal, Every Tuesday: 6 PM at College United Methodist Church (1123 Main St). Everyone welcome—FREE to all! Live Music after Meal. (Tax deductible donations accepted.)

Women of the Grange

Our aim is to enhance all of our membership experiences and grow our community. You are invited to join us.

Meetings are usually on 3rd Sunday of the month, 2-4 pm. Contact Suzy Johanson at 2Suzanne@mail.com for more info.

Nate's Ag Committee Report, Sept. 2023

The chickpeas dry on long tarps in the greenhouse so the early dew and late rain won't rot them. Will the mice get a few? Yes, but it's a trifling loss, and only a miser would mind. The scrub jays complain when I ransack the blackberries. I do my best to ignore any acolytes of outrage when I'm within my rights.

Have you ever seen someone at a market rummage through the entire pile of carrots only take the first bunch after-all? I used to shake my head and wonder at the temerity, but recently I've decided they're only making a sport of the same work we do on harvest days: getting the best of what's at hand.

This happened just yesterday: I was wading through the melon patch, lifting my legs high with each ungainly step, peering keenly and probing beneath the leaves to pluck up a ripe fruit. My wife called out from the hill, pointing to a heron in a steep descent landing maybe 30 yards away in the marshy edge of the field. Must have seen me and figured my fishing hole looked promising.

Here's a truth about farming: An enormous amount of the work can be reduced to the problem of getting something from here to there. What can't be abstracted is getting it done.

Three satisfactions to share: The groan of a rear axle under the weight of watermelons; Garlic clean as a blank sheet of paper; Crisp lettuce beds standing tall after the smothering heat.

- Nate Johnson, Sunbow Produce, MRG Agriculture Committee

Health Care for Farm Workers

Farm Clinic is expanding services to uninsured & underinsured agricultural workers in Benton, Linn, & Lincoln Counties. Any small-scale & family-run farms (vineyards, tree farms, dairy, ranching, etc.)

Contact: Lisa Quick, Community Outreach & Farm Clinic, 541-758-3000

PCS Community Celebration: Sept. 17th, 11-3, Marys River Park, 300 S 11th St. Free pizza, courtesy of Mud Oven

Your support for the Philomath Food Bank is greatly appreciated. Please drop off your donations (either food or \$) at the PCS facility on Tues. 3-7 PM or Thurs. 9 AM-12 PM, 360 S. 9th St., Philomath.

More info: philomathcommunityservices.org or call 541-929-2499. Mail your donation to: PCS, PO Box 1334, Philomath OR 97370.







Requesting donations of apples (no windfalls please) and clean gallon or half gallon jugs for cider pressing at the Harvest Fest. Email Camille at camillehall@peak.org if you want to contribute. Please bring supplies and apples by October 10th.

We also may have access to u-pick apples so would appreciate hearing from folks who would be interested in volunteering to pick apples in late September or early October prior to Harvest Fest.

Summit Grange "Farm to Table Harvest Benefit Dinner" Update and date change, now October 22, 2023

Sending cheers to you, our Marys River Grange friends and neighbors,

We are very excited about our upcoming **Farm to Table Harvest Benefit dinner** and evening, and thank you for your enthusiastic responses too.

We will now be hosting dinner on Sunday evening, on our new date, October 22nd 5:30pm, at the Summit Grange Hall.

The Farm to Table Harvest Dinner is a fundraiser for the Summit Grange.

With this new date, in addition to the bonus of a menu of Octobers' harvest deliciousness, we have the opportunity to bring you an even more exciting, awesome evening. We will be delighted if you can join us.

Highlights include:

- ~ A perfectly seasoned and fresh, Farm to Table harvest menu featuring our local community farms and growers
- ~ Dinner prepared and beautifully presented by local master chefs; a treat for the eye and palate

(Please note: Gluten-free and vegan menu options will be included.)

- ~ Live music
- ~ A fun and unique country raffle
- \sim Gathering and sharing time together in the beloved Summit Grange Hall

All dinner and event proceeds will go directly towards new gutters and roof repairs for the Grange

We so hope you can join neighbors, family, friends and community, and of course, fellow grangers to celebrate the season. A culinary adventure awaits!

Thank you, as always, in advance, for your support of the Summit Grange.



A treasure as is, Yvonne McMillan showed her courage, being in a parade for the first time in her life, as a goodhearted pirate for MRG in Philomath Frolic Parade 2023.

Happy 100th, Willamette Grange Hall!

The celebration on August 19th was attended by many from near and far, and featured free cake and pizza, musical performances, and tours of the beautiful building.



Angelica served the delicious cake.



Willamette Grange President, and Oregon State Grange President, Jay Sexton hosted tours of the historic Hall that is currently being renovated.

Autumn 2023 Events at Willamette Grange

Movie Night, Sept. 15th, 7-10pm Cider Saturday, Oct. 7th, 10-3 Pumpkin Palooza, Nov. 4th, 10-2 * & BINGO at Greenberry Tavern, 3rd Thurs. of the month

Right: Jim Gray and dog Roxie are members of both Willamette Grange #52 and Marys River Grange #685.





Repairs and updates to the roof are particularly impressive.



BLUE ZONES

Can we as Americans lead a life that produces ten more years of healthy living? National Geographic has identified special places on the earth where people live much longer and much healthier and even have a happier lifestyle. These places are called blue zones.

The Grange and its members first came together as an organization many years ago, for the intent of creating a longer, healthier and happier life for its members.

Our lecture series for the remainder of the year will be taking lessons from the blue zone living. Wisdom that was collected by National Geographic and the scientific data now available to us will be the content.

As a source for new scientific information the series will be using the work of Dr. Peter Attia and Dr Mark Hyman. YouTube videos featuring these prominent doctors are a good source of information for leading a healthy lifestyle.

YouTube video to watch: The daily hacks to live longer, and reverse your age, Dr. Peter Attia.

YouTube video to watch: The 4 big food and nutrition lies that keep you sick and fat, Dr. Mark Hyman.

Women of the Grange can find great inspiration from Barbara O'Neill. Her work in aging and vitality is an inspiration to us all. YouTube video to watch by Barbara O'Neill: Muscle knows no age. I5 minute workout with Barbara O'Neil.

The focus of this series will be on subjects listed below:

- I. Cardio in Zone 2 + Zone 5
- 2. Strength Training
- 3. Stability
- 4. Caloric Restriction
- 5. Blue Zone Diets
- 6. Good Relationships

The intent of this series is to bring traditional wisdom and new information to us so that we can grow and thrive.

Sincerely, Mark Files, MRG Lecturer

lf...

If prayers were apples I'd bake you a crumble If prayers were bees I'd make you honey If prayers were poems I'd write you a sonnet If prayers were yarn I'd knit you a scarf.

- Marion Whitney

Willamette Grange #52 meets on the second Sunday of the month, 3 PM.

Snacks Potluck at 2:30.

Contact Jay Sexton/Toni Hoyman at 541-929-5452 or willamettegrange@gmail.com. Historic building at the corner of Hwy 99W and Greenberry - 27555 Greenberry Road facebook.com/willamettegrange52

See also: willamettegrange.org

If you would like to help financially or volunteer please contact Willamette Grange at willamettegrange@gmail.com or call 541-609-8335.

- Toni Hoyman

Eggs for Sale.

With a dozen chickens, who are well fed and not caged, they give us dozens of brown eggs. We need to sell them to cover costs - \$3/dozen or \$8 for 3 dozen.



Call John (Alsea Hwy) at 541-929-7114.



Answer to "How well do you know Philomath?" challenge:



This is the main building of the Philomath Scout Lodge located at 660 Clemens Mill Rd. It was built in 2008 and is surrounded by 58 acres of wetlands.

— Suzan Foley

Read more local news at philomathnews.com!

Marys River Grange #685 PO Box 1301 Philomath, OR 97370 marysrivergrange@gmail.com 541-829-2907





